

CB-BK WE2 2026: Session: 5: COACH evaluation sheet for TEAM: TRUST

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vanderhulst Kasper

Coaches: Ciommo Fabio HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 34: 200M MEDLEY WOMEN 15+ Heat:11, starttime: 09:02

Heat: 11/16 Lane : 3 Athlete: LENAERTS HAILEY					Q-time: 02:35:60
PB (50m pool): 02:35.60 Luxembourg 26/04/2026					PB (25m pool): 02:29.75 SB: 02:35.60 Luxembourg 26/04/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.99	01:14.28	01:59.31	02:35.60	
	00:32.99	00:41.29	00:45.03	00:36.29	
					

Coach feedback:

Event number: 35: 200M BREASTSTROKE MEN 15+ Heat:6, starttime: 09:37

Heat: 6/7 Lane : 7 Athlete: DEPREZ LUKAS					Q-time: 02:31:76
PB (50m pool): 02:30.76 Antwerpen 28/07/2024					PB (25m pool): 02:23.13 SB: 02:32.02 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:30.76	
	no time				
					

Coach feedback:

Event number: 35: 200M BREASTSTROKE MEN 15+ Heat:7, starttime: 09:40

Heat: 7/7 Lane : 1 Athlete: DECOSSAUX VALENTIN					Q-time: 02:32:22
PB (50m pool): 02:35.76 Luxembourg 26/04/2026					PB (25m pool): 02:27.16 SB: 02:35.76 Luxembourg 26/04/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.64	01:13.07	01:53.81	02:35.76	
	00:33.64	00:39.43	00:40.74	00:41.95	
					

Coach feedback:

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Event number: 36: 100M FREESTYLE WOMEN 15+			Heat:6, starttime: 09:51
Heat: 6/12 Lane : 6 Athlete: ROSKIN LOTTE			Q-time: 01:02:04
PB (50m pool): 01:01.23 ANTWERPEN 30/07/2023			PB (25m pool): 01:00.73 SB: 01:02.51 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	no time	01:01.23	
	no time		
			

Coach feedback:

Event number: 36: 100M FREESTYLE WOMEN 15+			Heat:10, starttime: 09:57
Heat: 10/12 Lane : 6 Athlete: DEWAELEHEYNIS NIENE			Q-time: 00:58:80
PB (50m pool): 00:57.96 ANTWERPEN 23/04/2023			PB (25m pool): 00:58.16 SB: no time
	5 0 M	1 0 0 M	
PB	no time	00:57.96	
	no time		
			

Coach feedback:

Event number: 37: 100M BACKSTROKE MEN 15+			Heat:10, starttime: 10:21
Heat: 10/13 Lane : 3 Athlete: DE SWERDT NIELS			Q-time: 01:03:03
PB (50m pool): 01:03.03 Antwerpen 17/05/2026			PB (25m pool): 00:58.36 SB: 01:03.03 Antwerpen 17/05/2026
	5 0 M	1 0 0 M	
PB	00:30.54	01:03.03	
	00:30.54	00:32.49	
			

Coach feedback:

Event number: 37: 100M BACKSTROKE MEN 15+			Heat:10, starttime: 10:21
Heat: 10/13 Lane : 5 Athlete: DE SWERDT MATHIAS			Q-time: 01:02:96
PB (50m pool): 01:02.96 Antwerpen 17/05/2026			PB (25m pool): 00:58.62 SB: 01:02.96 Antwerpen 17/05/2026
	5 0 M	1 0 0 M	
PB	no time	01:02.96	
	no time		
			

Coach feedback:

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Event number: 39: 200M FREESTYLE MEN 15+					Heat:15, starttime: 11:46
Heat: 15/19 Lane : 2 Athlete: MATTHEUS IBE					Q-time: 02:02:21
PB (50m pool): 02:02.21 Antwerpen 27/07/2025 PB (25m pool): 01:56.69 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:27.85	00:58.68	01:30.70	02:02.21	
	00:27.85	00:30.83	00:32.02	00:31.51	
					

Coach feedback:

Event number: 39: 200M FREESTYLE MEN 15+					Heat:16, starttime: 11:48
Heat: 16/19 Lane : 5 Athlete: DE SWERDT MATHIAS					Q-time: 02:00:43
PB (50m pool): 02:00.43 Antwerpen 27/04/2025 PB (25m pool): 01:55.62 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:27.42	00:57.62	01:29.15	02:00.43	
	00:27.42	00:30.20	00:31.53	00:31.28	
					

Coach feedback:

Event number: 39: 200M FREESTYLE MEN 15+					Heat:17, starttime: 11:51
Heat: 17/19 Lane : 7 Athlete: DE SWERDT NIELS					Q-time: 01:59:22
PB (50m pool): 01:58.55 ANTWERPEN 30/07/2023 PB (25m pool): 01:54.20 SB: 01:59.74 Luxembourg 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	01:58.55	
	no time				
					

Coach feedback:

Event number: 40: 50M BREASTSTROKE WOMEN 15+					Heat:7, starttime: 12:06
Heat: 7/12 Lane : 7 Athlete: ROSKIN LOTTE					Q-time: 00:36:67
PB (50m pool): 00:36.67 Antwerpen 13/07/2025 PB (25m pool): 00:35.47 SB: 00:36.87 Antwerpen 17/05/2026					
	5 0 M				
PB	00:36.67				
	00:36.67				
					

Coach feedback:

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Event number: 40: 50M BREASTSTROKE WOMEN 15+										Heat:12, starttime: 12:11																													
Heat: 12/12																				Lane : 8					Athlete: LENAERTS HAILEY										Q-time: 00:35:11				
PB (50m pool): 00:35.11										Antwerpen					17/05/2026					PB (25m pool): 00:34.67 SB: 00:35.11										Antwerpen					17/05/2026				
	5 0 M																																						
PB	00:35.11																																						
	00:35.11																																						
																																							

Coach feedback:

Event number: 41: 50M BUTTERFLY MEN 15+										Heat:18, starttime: 12:29																													
Heat: 18/24																				Lane : 4					Athlete: DECOSSAUX VALENTIN										Q-time: 00:27:02				
PB (50m pool): 00:27.02										Antwerpen					27/04/2025					PB (25m pool): 00:26.16					SB: 00:27.77					Antwerpen					17/05/2026				
	5 0 M																																						
PB	00:27.02																																						
	00:27.02																																						
																																							

Coach feedback:

Event number: 41: 50M BUTTERFLY MEN 15+										Heat:20, starttime: 12:31																													
Heat: 20/24																				Lane : 1					Athlete: MATTHEUS IBE										Q-time: 00:26:79				
PB (50m pool): 00:26.79										Antwerp 09/02/2025					PB (25m pool): 00:26.24										SB: 00:27.10 Antwerpen 22/03/2026														
	5 0 M																																						
PB	00:26.79																																						
	00:26.79																																						
																																							

Coach feedback:

Event number: 41: 50M BUTTERFLY MEN 15+										Heat:20, starttime: 12:31																													
Heat: 20/24																				Lane : 6					Athlete: VANDERHULST MIDAS										Q-time: 00:26:75				
PB (50m pool): 00:26.75										Antwerpen					17/05/2026					PB (25m pool): 00:26.13 SB: 00:26.75										Antwerpen					17/05/2026				
	5 0 M																																						
PB	00:26.75																																						
	00:26.75																																						
																																							

Coach feedback:

CB-BK WE2 2026: Session: 5: COACH evaluation sheet for TEAM: TRUST

Event number: 41: 50M BUTTERFLY MEN 15+							Heat:22, starttime: 12:33		
Heat: 22/24 Lane : 8 Athlete: DE SWERDT MATHIAS							Q-time: 00:26:29		
PB (50m pool): 00:26.29 Antwerpen 22/03/2026							PB (25m pool): 00:25.76 SB: 00:26.29 Antwerpen 22/03/2026		
	5 0 M								
PB	00:26.29								
	00:26.29								
									

Coach feedback:

Event number: 41: 50M BUTTERFLY MEN 15+							Heat:24, starttime: 12:35	
Heat: 24/24 Lane : 6 Athlete: DE SWERDT NIELS							Q-time: 00:25:36	
PB (50m pool): 00:25.36 Antwerpen 27/04/2025							PB (25m pool): 00:24.68 SB: 00:25.38 Antwerpen 22/03/2026	
	5 0 M							
PB	00:25.36							
	00:25.36							
								

Coach feedback:

Event number: 41: 50M BUTTERFLY MEN 15+										Heat:24, starttime: 12:35																			
Heat: 24/24 Lane : 7 Athlete: CIOMMO ALESSANDER																				Q-time: 00:25:82									
PB (50m pool): 00:25.82 Antwerpen 17/05/2026										PB (25m pool): 00:25.90SB: 00:25.82 Antwerpen 17/05/2026																			
	5 0 M																												
PB	00:25.82																												
	00:25.82																												
																													

Coach feedback:

Event number: 42: 100M BUTTERFLY WOMEN 15+							Heat:7, starttime: 12:46	
Heat: 7/9 Lane : 5 Athlete: DEWAELEHEYNIS NIENE							Q-time: 01:03:65	
PB (50m pool): 01:03.35 Antwerpen 22/01/2023							PB (25m pool): 01:02.80SB: no time	
	5 0 M		1 0 0 M					
PB	no time		01:03.35					
	no time							
								

Coach feedback: